



Camp Connection

Official Newsletter of Sons of Norway District Six Recreation Center

Fall 2024

PRESIDENT'S MESSAGE

Dear Friends,

It has been another busy summer at Camp Norge where we happily host our Sons of Norway events, private parties, church groups, and individuals and families. In fact, this past June, my family held its first family reunion at camp Norge. We had a great time with about 40 people making the trip from around the country. We gathered together to catch up on the latest happenings, meet the new kids and reminisce about the good ol' days. It's what Camp Norge is all about! Why not consider bringing your family, wedding or church group to Camp? Our 2025 calendar is already filling up so be sure to start planning soon.



June 2024 also meant it was time for the Sons of Norway, District Six Convention in Las Vegas, and Camp Norge was a big part of the bi-annual event. It was an excellent convention with several educational and inspiring speakers over the three-day event.

During the Recreation Center Board meeting, we raised over \$8,000 for the Hygge Hus project as well as another \$50,000 for our general fund! Thank you so much from Andrew Furuseth Lodge #6-49, and all the lodges and individuals who generously donated to help us maintain the camp and make Camp Norge the most beautiful, inviting place it can be.

Also, during the meeting, we held our bi-annual election and are very happy to announce a new arrival to the board: Johanna Loury. Jodee, as she likes to be called, comes to us from Stein Fjell Lodge #6-114 in Loveland, CO. Jodee brings a ton of experience working with non-profits and fundraising and we are super grateful for her service. Jodee will be visiting Camp Norge for the first time, along with her husband Mark, at Kretsstevne. We already put her to work running the silent auction. Please join us in welcoming Jodee to our board!

PRESIDENT'S MESSAGE CONTINUED...

At convention, we also unveiled two new T-shirt designs and a new sweatshirt as well. These will be on sale during Kretstevne and Camp Oldfjell and hopefully, someday available on our website.

One fun convention note: the band "Dead & Company" was performing in Las Vegas while we were there. And our convention host hotel was also headquarters to a big Grateful Dead fan event called "Shakedown Street" which drew hundreds of colorful "Deadheads" from all over the world. It made for a very entertaining time. When you think of it, if you take a bearded, somewhat scraggly Deadhead and stand them next to a Viking re-enactor, in front of a Viking ship replica, are they really all that different?



If you haven't attended district convention before, I highly recommend you plan to join us next time; especially since the Camp Norge board successfully introduced a motion to hold the 2026 convention in the greater Sacramento area. Plans include bringing the delegates up to camp to enjoy the beautiful, relaxing atmosphere and join in activities that are so popular with our guests.

As you will read in this newsletter, we celebrated another fun Memorial Day Weekend at camp this year. Thanks to the hard-working planning committee from the Young Scandinavian Club and Henrik Ibsen Lodge (#6-7) both from San Francisco, as well as our Rec. Center board, we got to enjoy another weekend of fellowship, games and an entertaining movie night. Be sure to plan to join us next spring and bring the kids!

Camps Trollfjell and Trollfjell Folkehøgskule were a big success again this year. We extend a special thanks to Lynn Skrukrud, Jason Morken and Rebekah Strand for their dedication and hard work to make the camps run smoothly. These volunteers sacrifice weeks of vacation and personal time, all for the benefit of the kids we welcome at the camps. This year we especially want to thank them for arranging much-needed work to help us pass health and safety inspections as well as a ton of administrative work to bring us up to speed with the county and state regulations. This is a really challenging task and we cannot thank our coworkers enough.

There's still plenty of exciting events yet to come this season at camp as we look forward to the annual Northern California Kretstevne. We are expecting a great turnout this year as the Kelly clan is planning to challenge the Bjerkhoel family (both from Nordahl Grieg Lodge #6-52) for best turnout. May the biggest family win!



The mission of the Sons of Norway Recreation Center is to ensure the viability and sustainability of Camp Norge resources, land and buildings as a gathering place for District Six members and guests, to recreate, explore culture and heritage activities.

PRESIDENT'S MESSAGE CONTINUED...

We continue our fundraising efforts to build the Hygge Hus project. The purpose of the Hygge Hus is to provide convenient and comfortable accommodations for our members and guests who have special needs due to physical challenges. We've seen a great outpouring of support from our friends who are unable to visit camp because they either can't stay overnight due to the physical terrain and because they need to be close to a bathroom. The Hygge Hus will also give us a new revenue source as we can welcome renters during slow periods. We hope you will visit our fundraising site at <https://gofund.me/c61253eb> and help us make this dream a reality. No amount is too small.



Finally, as we look back on this year's fun memories, enjoy the remainder of this 2024 season and look to the future, we want to express our heartfelt gratitude to our many supporters and volunteers to help make Camp Norge our enduring "Jewel of the Sierra." See you at camp!

With heartfelt appreciation,

Fred Hymans

President, District Six Recreation Center Board of Directors

RECREATION CENTER BOARD

Fred Hymans - President

Nordahl Grieg #52

fred.hymans@campnorge.org

Vicki Running- Treasurer

Henrik Ibsen #7

vicki.running@campnorge.org

Susan Cody - Secretary

Valhall #25

susan.cody@campnorge.org

Susan Winje - Camp Manager

Roald Amundsen #48

susan.winje@campnorge.org

Tom Gundershaug

Solheim #69

tom.gundershaug@campnorge.org

Jason Morken

Solheim #69

jason.morken@campnorge.org

Lynn Skrukrud

Gulldalen #128

lynn.skrukrud@campnorge.org

Johanna Loury

Stein Fjell #114

johanna.loury@campnorge.org

Lis Barca - District President

Freya #62

lis.barca@campnorge.org

**Keep in
touch
with us!**

On the web

[Camp Norge](#)

[Century Club](#)

[District Six](#)

[Youth Camps](#)

On Facebook

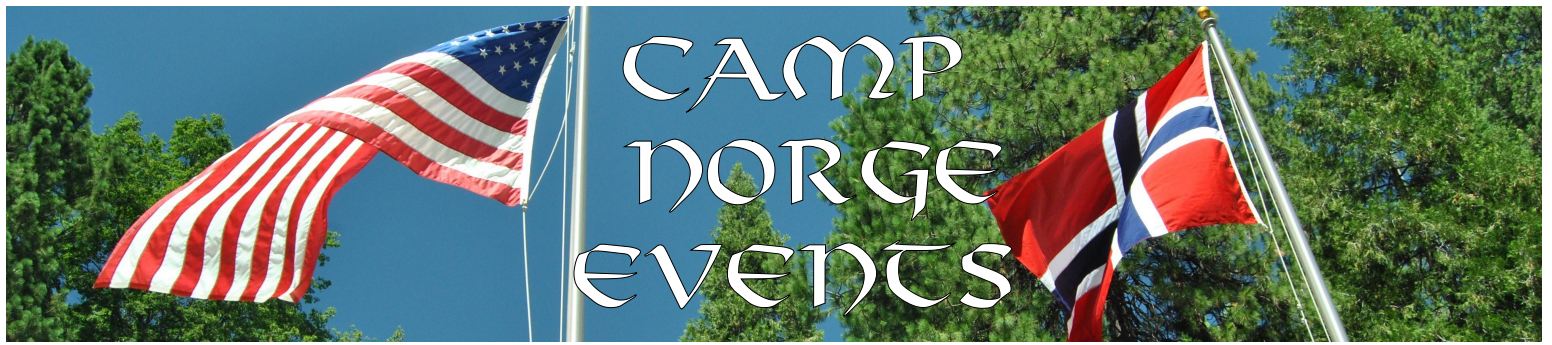
[Camp Norge](#)

[Camp Norge Group Page](#)

[District Six Group Page](#)

[Trollfjell Group Page](#)





Northern California Kretsstevne

8/31/2024 to 9/2/2024

Spend the weekend, or just a day with us for a great time! We'll have fun activities for everyone, and good food provided by some of our local lodges. Activities include: pickleball, karaoke, a horseshoe tournament, hiking and more! Activities for kids will include: games, play-set and swimming pool fun. All of the meals will be served in the Heritage Hall. Pay online for meals by clicking [HERE](#). To mail in a form and check, Click [HERE](#). See page 11 for a copy of the flyer.

Meal registration deadline is August 27.



Camp Oldfjell

September 21-24, 2024



Camp Oldfjell, Folkehogskule for Voksne (Folk School for Adults), will be held at our beautiful Camp Norge. Classes are filling up fast! Check out the full catalog by clicking [HERE](#). To register click [HERE](#). The Camp Oldfjell fee covers classes and meals. Material fees are paid to the instructors. Tent and RV spaces are the only remaining on-site lodging choices. There is a Best Western hotel in Colfax, use your Sons of Norway travel benefit for 10% off! Classes are filling up fast, sign up today! **Please note:** The catalog will be updated when classes are full as will the registration form. See the flyer on page 12

Rosemaling Seminar

September 28-29, 2024

Classes are open to adults 18 years and older. Painters of all skill levels are welcome. Classes are limited to 21 students per class. Once class limits are met, a short waitlist will be established. Registration closes on September 15th. The cost of the seminar is \$150, which includes instruction, wood piece, paints and mediums for use during class, design packet, and 5 meals. See page's 12 & 14 for all the information you'll need to register.



© Onya Tolmasoff



Sue Regadanz's April 2024 class.



© Sue Regadanz.

CAMP TROLLFJELL & FOLKEHØGSKULE

Our Co-Directors Rebekah Strand and Jason Morken have worked hard to ensure the success of Camp Trollfjell and Folkehøgskule. 2024 saw an increase in both the Trollfjell campers and Folkehøgskule students. With a superb support staff (see the listing below) this year's attendees ate well, had great instructors and went on some adventures.

Cultural education included the Norwegian language, history, traditional cooking, folk dance, and folk art. The attendees participated in traditional summer camp activities: swimming, hiking, and campfires. They also put on a talent show and held themed dances. They started their morning by raising the American and Norwegian flags and singing each country's National Anthem. They ended their "day" by lowering the flags with an evening prayer in Norwegian and English. Two groups visited Camp Norge this year. Cal Fire came to Camp Norge and made a presentation. A local Norse Icelandic mythology group educated our campers about the Huldudfolk. Jokul and Embla said, "It was a wonderful experience talking with kids who asked questions and were curious – not a phone screen in sight!"



Trollfjell Folkehøgskule and Camp Trollfjell depends on it's staff and volunteers. Our cooks, nurses, and most of our teachers volunteered their time.

We'd like to thank the following staff & volunteers:

Teachers	Teacher's Assistants	Nurses	Counselors	Co-Directors
Kalia Freitas	Iris Arnold	Heidi Larson	Baylee Mckenney	Rebekah Strand
Lars Syrrist	Kathy Bennett	Chris Hanzel	Keilyn Giomi	Jason Morken
Karen Nichols	Steve Nichols	John Brockman	Ian Takacs	
Lynn Skrukrud		Janice Shipley	Thorin Acevedo	
Cooks	Kitchen Assistants	Camp General Assistant	Counselors in Training	Camp General Assistant
Kirby Aasen	Jessica Ekbatani	Sharon Bratton	Graham Gardemeyer	Sharon Bratton
Eric Malme	John Bennett		Mia Shipley	

NORSE MYTHOLOGY

Campers in Trollfjell 2024 dove into Norse Mythology. After learning the myths surrounding the gods and goddesses and the nine realms contained in the World Tree "Yggdrasil," 6 groups of campers set out on a quest. Creating their own creatures/non-humans - giving them names, skills, and resources - their quest was to save the World Tree from Ragnarök, the end of the world.

Campers created their masks and costumes and then performed a part of each of the quest's storylines they had roll played during the week. Campers delighted their parents with their performance and, along the way, learned so much about the power of empathy and rapport in solving problems.

Karen Nichols of Gulldalen 6-128, Grass Valley, took the reins as the lead teacher and director. Jana Peterson of Desert Fjord 6-133, Scottsdale, AZ was the art teacher. Jana (L) and Karen (R) are pictured in the lower right image in the center.



CENTURY CLUB

Camp Norge is cherished as the jewel of Sons of Norway – District Six. The 46+ acre camp is a recreational wonderland nestled in the Sierra Nevada mountains. Camp Norge is the only district-wide gathering space in District 6 and creates a special opportunity for us to connect with our members and share our Scandinavian heritage with younger generations.

Maintaining this incredible property is no easy feat, which is why the Century Club was formed in 1996. The Century Club is a membership group dedicated to maintaining, sustaining, and improving the camp. To join the Century Club individuals must commit to donating at least \$100 annually or \$10 per month.

Every year half of the funds raised by the Century Club go directly to camp maintenance projects while the other half is set aside to build an endowment – meaning that your donation to the Century Club will help make an impact for generations!

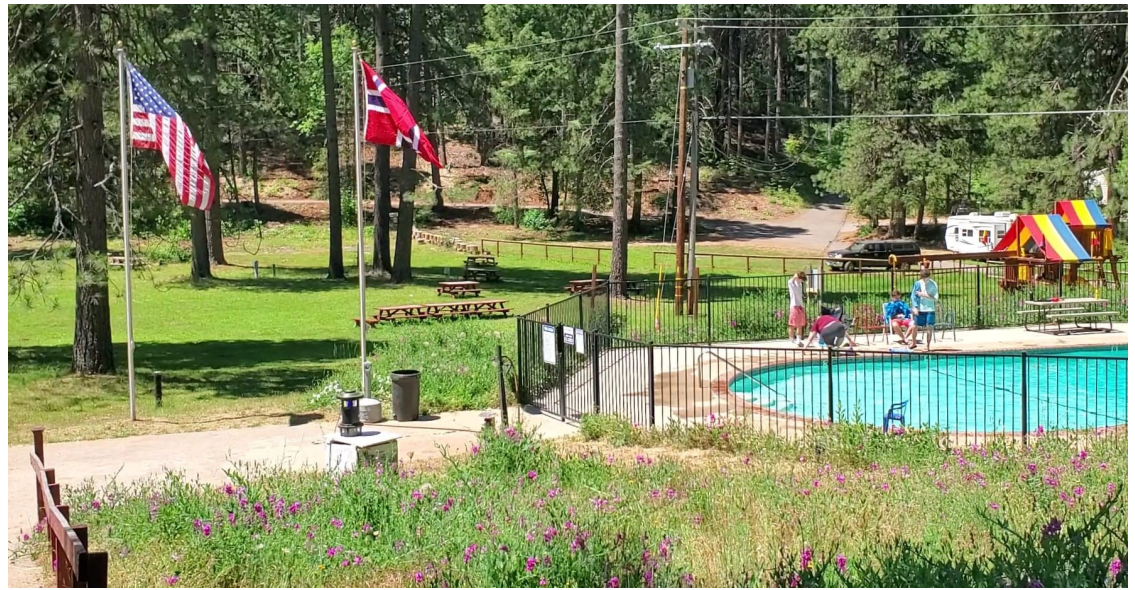
Visit the Century Club website by clicking [HERE](#). Please consider joining the Century Club today! Click [HERE](#) to join or for one time donations.



MEMORIAL DAY WEEKEND 2024

The Young Scandinavian's Club joined District Six members at this years gathering at Camp Norge over Memorial Day Weekend. It was wonderful to see so many children at this year's gathering as well as our old and new friends. We had a wonderful time! We took a field trip to the Golden Drift Museum in Dutch Flat and we took a hike to Lover's Leap. We hope to see you at our next event, the Northern California Kretsstevne over Labor Day Weekend. See the flyer (on page 9) or click [HERE](#).





COME AND STAY!

The facility offers numerous lodging options including RV and tent sites, in addition to the historic main lodge, cozy cabins, and three rustic dormitories. There are two indoor group event spaces: The Social Hall complete with a full kitchen can accommodate up to 60 guests, and the Heritage Hall, which offers a full commercial kitchen, can accommodate up to 100 guests. The camp also boasts a pool, fire-pit, hiking trails, and horseshoe pits. For more details on our accommodations visit Camp Norge's [WEBSITE](#).

Camp Norge is a great destination for weddings and family reunions.

Mountain bike and hiking trails are plentiful in the area. With only a short 30-minute drive to reach world-class ski resorts – Camp Norge is a great place to stay for your next mountain adventure. Located right off I-80, just 1 hour from Sacramento or North Lake Tahoe.

Colfax is just 15 minutes away and Grass Valley & Nevada City are just 30 minutes away. All three towns offer great swimming, hiking, boutique shops, and gold rush history. Another fun attraction - Rollins Lake Boat Rentals. It's just 15 minutes from camp - great for fishing or just enjoying a day on the lake.

Book your Camp Norge getaway today! To check availability and prices, please call us at: (530) 389-2508 or email campnorge2@gmail.com.



AREA ATTRACTIONS

North Lake Tahoe

Mark your calendar! This summer in North Lake Tahoe is packed with can't miss festivals and events. From the shores of Lake Tahoe to surrounding mountain summits and everywhere in between. For detailed information visit North Lake Tahoe's website by clicking [HERE](#).

Donner Pass Area

Hiking: There are plenty of hiking opportunities near Donner Pass. You can hike a 2.5 or 17 mile portion of the Pacific Crest Trail. Click [HERE](#) for information. For a hike that is unusual and historic at the same time, visit the railroad tunnels on Donner Pass. For more information click [HERE](#). For more day hikes, including the hike at Sierra Discovery Trail, a Camp Trollfjell favorite, click [HERE](#).

20 Mile Museum The Donner Summit Historical Society's 20 Mile Museum highlights the history and beauty of the Summit. You'll learn about Wagon Trains, the Transcontinental Railroad it's builders, and the 1st ski gondola in California. Click [HERE](#) for information.

Petroglyphs

Visit the petroglyph site, they are hard to see, but really are fascinating. Click [HERE](#) for information.



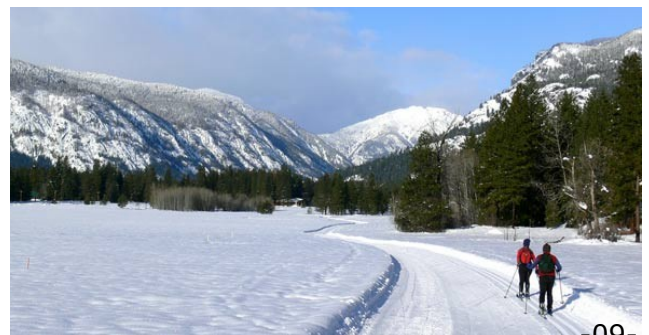
White Water Rafting

If you love the great outdoors then you may be interested in a fast-paced water adventure and go white water rafting on the South or Middle fork of the American River. There are several companies that offer guided tours for families and groups. Click on any of the company names to visit their website.

[Oars](#) [All Outdoors](#)
[American River Recreation](#)
[Whitewater Excitement](#)

Royal Gorge cross-country ski area

Featuring 92 trails with over 140km of groomed, tracked trails for human-powered outdoor recreation spread across 6,000 acres, guests of all ages and ability levels are invited to try classic cross-country skiing, skate skiing and snowshoeing. Click [HERE](#) for details.





Main Lodge (House)



Meadow



Family Cabin (Barn)

Photo's courtesy of Ordale and Marilyn Johnson

THE HISTORY OF DISTRICT SIX'S RECREATION CENTER

Camp Norge: District Six's Recreation Center

The District Sixth Recreation Center was established in 1958 as corporation after Norrøna members M.C. and Jane Nore, along with Garborg member Walter Lee, and District President Henry T. Gunderson, advanced the money to purchase the property, then 29.5 acres, sometime in 1957. The owner wanted cash in 30 days and the district did not have enough in their Camp account. These members subsequently deeded the property over to the District Six for it's Recreation Center. A separate Recreation Center Board was incorporated in 1963. Improvements were planned for the property, which originally just consisted of the main house and a barn.

Camp Trollfjell and Trollfjell Folkehøgskule

The first Language and Heritage Camps were held in 1967: a Southern one at El Camino Pines, Frazier Park, CA with 23 youngsters in attendance, and a Northern one with 23 campers meeting at Alta, CA. The camp permanently moved to Alta in 1968 when adequate facilities had been established there.

Century Club

At the District Six Convention in Sacramento in June of 1996, then President Karl Eikeberg arranged for the delegates and guests to visit and see first hand the beautiful and wonderful asset that we all have in Camp Norge, at Alta, California.

One of the past International Directors of Sons of Norway, Asbjarn Rostad, looked out over this beautiful vista in 1996 and made the remark that he would like to see a program set up to help with the maintenance of the camp—always a challenge. Someone else mentioned a plan that had worked for other organizations, and the idea of a Century Club was born. Individuals dedicated to the camp's growth and future would join the club with annual dues of \$100.

The Century Club management was handed over to a new generation in 2021. This new group is known as the Century Committee. In addition to the traditional duties of the original Century Club directors they maintain the Century Club's [WEBSITE](#), and are responsible for marketing.

This information is from the 50th Anniversary (1952-2002) "History of District Six" Sons of Norway. Booklet compiled by Sherrill G. Swenson, #6-064 2000-2002.



L-R: 2015 dedicatiohn of the Stabbur, 1996 delegates at Camp Norge, Penny Joseph Knudsen & Janie Kelly, 2010 building the Heritage Hall, 1999 building a shed for with Ordale Johson, Sigard Gjelsvik & Jack Johnson.

Northern California KRETSSTEVNE

Labor Day Weekend - August 31st to September 2nd 2024

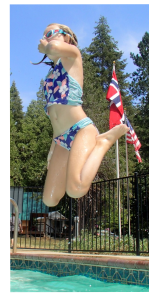


Zones 1,2 and 3 invite YOU to our "Jewel in the Sierras" for the "Gathering of the Clan"!

Spend the weekend, or just a day with us for a great time! We'll have fun activities for everyone, and good food provided by our local lodges. All of the meals will be served in the Heritage Hall. Click [HERE](#) for information on meals. You can pay online or chose the mail in form.

On-line meal registration deadline is August 27th.

		Adult	Child			Adult	Child			Adult	Child
Saturday	Breakfast	\$8.00	\$4.00	Lunch	\$9.00	\$4.50	Dinner	\$16.00	\$8.00		
Sunday	Frokost	\$11.00	\$5.50	<i>(Served at 10:00 AM)</i>			Dinner	\$16.00	\$8.00		
Monday	Breakfast	\$6.00	\$3.00	<i>Child price is for 12 & under, 5 & under eat for free.</i>							
Weekend Package		\$60.00	\$30.00	<i>Kretsstevne pin \$2.00 (free with weekend package)</i>							



Activities include: pickleball, karaoke, a horseshoe tournament, hiking and more! Activities for kids will include: games, play-set and swimming pool fun!

To reserve your room, RV or tent site, email Susan Winje at campnorge2@gmail.com or call (530)389-8000.



Click [HERE](#) for rates. 2024 Kretsstevne pin designed by Christine Kramer.

Help support Camp Norge! Please bring items for our silent auction.

CAMP OLOFJELL

September 21 – September 24, 2024

Registration ends on September 8

Full Session, Sat-Tue \$235 Half Session Sat- Sun \$140

Visit our web page by clicking [HERE](#), or click on the links below to go directly to:

[CATALOG](#)

[REGISTRATION](#)

[CAMP NORGE](#)



Penny's Rosemaling Seminar

At Camp Norge September 28-29, 2024

Classes are open to adults 18 years and older. Painters of all skill levels are welcome. Classes are limited to 21 students per class. Once class limits are met, a short waitlist will be established. Registration closes on September 15th.

SEMINAR COST: The cost of the seminar is \$150, which includes instruction, wood piece, paints and mediums for use during class, design packet, and 5 meals. If you have received confirmation, but find that you are unable to attend, please let me know as soon as possible so I can notify someone on the wait list. Full refunds will be made for cancellations received before September 9th -- no refunds will be made after that date.

TEACHERS: Our teachers are Onya Tolmasoff and Sue Regadanz.

PROJECT: We will be painting a 12" plate with an 8" center and beaded rim.



Onya's design:
Hallingdal Plate



Sue's Design:
Rogaland Plate

MEALS: Saturday breakfast, lunch, and dinner; Sunday breakfast and lunch; coffee/tea during breaks. Melanie and Patrick Souza will again do our cooking. Family members who are not painting can pay \$60 for meals.

COOKIES: During the coffee/tea breaks, cookies and other refreshments are provided by the participants in the specified class (to be noted on your confirmation). Each participant is asked to bring one dozen cookies or the equivalent of other refreshments to share.

ROOMS: Lodging is not included in the registration fee. Please make your bed reservation at the time you register (see Registration Form). You will pay for your lodging when you arrive at Camp. Current Sons of Norway members pay \$27.00 per night; non-members pay \$37.80 per night (both include an 8% Placer County Occupancy Tax). We are obligated for both Friday and Saturday nights, so each person will pay a total of \$54.00 (SoN member) or \$75.60 (non-member). Since there are a limited number of beds available, RVs and tents are encouraged. For RVs, members pay \$30 per night, non-members pay \$40 per night. RV spots have electrical and water, but no sewer hookups. For tents, members pay \$20 per night, nonmembers pay \$25 per night (limit or 4 per tent/RV). Again, the obligation is for two nights (\$60 or \$80/RV; \$40 or \$50/tent). There is no occupancy tax on RVs or tents. Pets are \$2 per night.

Save the dates for 2025:

TROLLFJELL FOLKEHØGSKULE



(Open to youth ages 14 to 17 years old)

June 29 to July 12, 2025



(Open to campers 8 to 13 years old)

July 13 to July 26, 2025